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AUTHOR Gillis, H. Lee
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ABSTRACT

Books, journal articles, and dissertations are included in this bibliography of 47 references related to adventure-based counseling. Titles refer to the therapeutic uses of various outdoor activities and include mention of wilderness camps, family camps, recreational and initiative games, wilderness solitude, canoeing, wilderness survival, and Outward Bound. Topics include interpersonal trust, stress, group cohesiveness, child development, human relations, wellness, and group dynamics. Specific populations in citation titles are camp counselors, families, adults, fifth and sixth grade students, women, small groups, couples, handicapped individuals, and institutionalized children. Full citations are arranged alphabetically by author without annotation. The majority of publication dates are from 1980-1983. (JHZ)

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ADVENTURE - BASED COUNSELING BIBLIOGRAPHY

BY

H. LEE GILLIS

402 ADERHOLD HALL
UNIVERSITY OF GEORGIA
ATHENS, GEORGIA 30602

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